

Food Glorious FOOD!

Session takes approx. 75 mins

Aim: To discover about a famous person from Harrow's history. To learn about cooking in the past and how different food was prepared (focusing on the Victorian period). To learn about the different objects that would have been used in the past.

Session breakdown

Whole class discussion. Discover Mrs Beeton! Who was she, why was she so special to the history of Harrow.

Artefact Activity (half the class): Create fancy Victorian food using play dough, and some rather special artefacts.

Creative Activity (half the class):

Looking at Mrs Beeton's famous 'Book of Household Management' children discover about recipes and create a plan for a special meal.

Curriculum Links:

- History: significant historical events, people and places in their own locality
- Continuity and change