MINDFUL FOR MUSEUMS

Help your mind today and museums of the future.

Today’s date:

Three things that made me happy today:
1. 
2. 
3. 

How am I feeling out of 8? Colour in the petals!

One thing I accomplished today:

News from today that worried me:

News from today that inspired me:

One thing I’d like someone in the future to know about today:
This section can be used for anything you like. Maybe you’d like to write a whole diary entry for the day, draw a picture, press a flower, record a recipe, glue a photo...